

## Registration Form

please print clearly

Name \_\_\_\_\_

address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

home phone\_( ) \_\_\_\_\_

cell phone\_( ) \_\_\_\_\_

email: \_\_\_\_\_

I will arrive (day and time) \_\_\_\_\_

I will leave (day and time) \_\_\_\_\_

\_\_\_\_\_ I will be here for the entire retreat.

\_\_\_\_\_ I will join the retreat for \_\_\_\_\_ days.

\_\_\_\_\_ Yes, I want to schedule a massage.

Please indicate below if you have contacted one of TCW staff to be your retreat director or if you would like us to assign one of our staff to accompany you on this retreat.

Retreat Director \_\_\_\_\_

Send a \$50. deposit (\$25. refundable by August 1st) with this registration form.

Make checks payable to:

The Center Within.

PO Box 6027,

Cincinnati, OH 45206.

For further information, contact

Julie Murray 513-721-7543 or

Linda Young 513-602-9584 or

TheCenterWithin@aol.com or go to

www.TheCenterWithin.org. Online registration available at our website.



### The Center Within Staff

We are a group of women and men, followers of Christ who form with one another a ministry community called to serve the spiritual hunger of God's people. In our ministerial lives we are spiritual directors, teachers, massage therapists, pastoral supervisors, therapists, artists, energy healing practitioners and clergy.

We are female and male, religious and lay, ordained, married, divorced and single, gay and straight. We are called to create spaces of prayer, contemplation and discernment where people of all spiritual traditions are welcomed and supported in their search for the Divine Presence and revelation in their lives and in our world.

We have been associated with one another for many years, first as staff at the Jesuit Renewal Center in Milford, OH and then co-founding The Center Within in 1995.

THE CENTER WITHIN  
P.O. Box 6027, Cincinnati, OH 45206  
**Linda Young:** (513) 602-9584 **Julie Murray:** 513-721-7543  
[www.TheCenterWithin.org](http://www.TheCenterWithin.org)

# HOLISTIC DIRECTED RETREAT

August 13-19, 2012

The Center Within

hosted at

Transfiguration Spirituality Center



In Glendale, OH

a northern suburb of Cincinnati



This Holistic personally Directed Retreat provides a space to gather with women and men in a circle of faith, silence and prayer. Imagine a place where all is calm and quiet: no TV, no radio, no phones ringing, no email, no chatter, no errands to run, no expectations of productivity or outcomes, no reports to be written.

Nothing you have to do, no one you have to be for, except to agree to enter into silence, creating an atmosphere of deep contemplative listening with your fellow retreatants and staff and to follow the lead of your own deepest desires, moment by moment, choosing whatever seems to support best your ability to relax and open to new depths of self-discovery and relationship with Spirit, the God of your understanding, in order to more freely make life-giving choices for yourself and the life of the world.

We call this retreat an Ignatian "holistic" retreat because, like St. Ignatius Loyola, it is our assumption that all of human experience is a place where Spirit, the God of our understanding, is present, active and available to us. On retreat we make available a variety of opportunities and tools to choose from to nourish one's personal journey.

## JOIN US FOR THE ENTIRE RETREAT OR TWO OR MORE DAYS

The retreat begins with registration at 10:00 am on Monday, August 13th and ends with communal prayer starting at 3:00 pm on Sunday, August 19th.

### YOUR REAL SELF:

All the offerings are optional and are to be used each day only insofar as one or another of these holistic tools proves to be helpful as a means of guidance and support in listening to the truth of your own life experience. The retreat, based on the Spiritual Exercises of Ignatius Loyola, is designed to guide the retreatant through experiences of bringing one's real self, into relationship with God and pay attention to and recognize God's response.



### OUR FEES:

We offer a sliding scale to support the participation of all those who wish to make the retreat, while working towards a just stipend for our staff. Some scholarship assistance is available for those in need thanks to the generosity of our clients and supporters. Please inquire.

Investment: \$100.- \$150. a day ; \$600. -\$900 for entire retreat. (add \$25. if postmarked after July 25th) This fee includes individual room with private bath, 3 delicious, healthy meals, daily spiritual direction, communal prayer, guided morning meditation, tai chi, art materials, brochures, mailing and administration.

There are a few spaces for "commuters" who wish to make the retreat but who need or prefer to sleep at home, for a reduced fee of \$70.-90. a day. Please inquire if this is of interest to you.

### SPIRITUAL DIRECTION:

Each day you will have the opportunity to meet with a spiritual director who will assist you in listening to the Divine Spirit within you and to help you find your own path of prayer. These modes of prayer may include one or more of the following opportunities: Sitting Meditation, Massage and energy healing, Tai Chi, walking the Labyrinth, contact with Nature, attention to Dreams, journaling, body movement, active imagination, use of art materials, music, and many other modes of prayer.



For this retreat, **TCW staff** includes: Kathleen Hartman Blackburn, Elmer Fischesser, Julie Murray, Donna Steffen, SC, Jenny Straw, and Jean Marie Stross and Linda Young. We will invite other staff to join us as needed.